

KEEPING YOU POSTED ON LOCAL NEWS

TheFallonPost.org | Vol. 6 No. 16

\$2.00 | The Week of February 21, 2025

Greenwave Girls Storm to Regional Title, Eye State Basketball Championship



By Robert Perea

Greenwave girls' basketball coach Kevin Wickware may not have been so bold as to foresee a regional championship in his team's future. Still, around midseason, he saw things beginning to coalesce.

Six weeks of stellar basketball later, the Greenwave are regional champions.

Fallon rallied from an 11-point halftime

deficit to beat Lowry 61-55 in the regional semifinals on Friday, then steamrolled Fernley 63-31 in the championship game Saturday to clinch the regional title and the North's No. 1 seed for this week's 3A State Tournament.

The Greenwave girls are scheduled to face South No. 2 seed Mater East at 3 p.m. Thursday at Clark High School. With a win, they would play for the state championship

Greenwave girls' take regionals. Photos courtesy of CCHSGB.

at 3 p.m. Friday at the Cox Pavilion on the campus of UNLV.

The Greenwave have won 12 consecutive games since a loss to Lowry on Jan. 10 put their record at 11-6. That winning streak includes two wins over Lowry, the two-time defending state champions, and three over Fernley, which was undefeated in league play each of the past two seasons and lost only to

[Basketball continued on page 11]

Amazon Opens New Delivery Hub in Fallon

Story and photos by Rachel Dahl

Last week, Amazon celebrated its ribbon-cutting



ceremony for its new Fallon Delivery Station, a facility designed to improve delivery times and create local job opportunities. The event, attended by local officials, community members, and Amazon executives, demonstrated Amazon's commitment to rural Nevada and its growing presence in rural Nevada.

The newly established delivery station in the City of Fallon Business Park off Harrigan Road represents a \$13.2 million investment in the city. This facility is part of Amazon's broader strategy to enhance its logistics network in Nevada, where it has invested \$14.5 billion since 2010.

Amazon Economic Development Manager Tareq Wafaie shared the company's vision. "This facility is more than just a delivery station—it's a testament to Amazon's commitment to improving service,

County Commissioner Matt Hyde, Councilwomen Karla Kent, and Kelly Frost, stands with of Mayor Tedford, other officials, Amazon delegates for the ribbon cutting.



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Volunteers

FROM THE PUBLISHER Captain's Log Storytellers

By Rachel Dahl

Someone asked me about making yarn the other day and how the bunnies are doing. You know it doesn't take much, and I'm off to the races on my proverbial soap box. I'll talk about those bunnies and learning to spin yarn all day long.

There was a new gal in the group who I'd never met, taking in the conversation back and forth, her head on a swivel like she was watching pickleball when she eventually said she thought we were talking about writing stories, not spinning actual yarn.

We all laughed and acknowledged there's always a lot of that kind of yarn spinning too.

Speaking of which, my dad has been writing horse stories. A great part of his life has revolved around horses, ranching as a kid, using a team to harvest meadow hay, training horses, trading horses, jumping horses, and polo horses.

He used to tell me, "They aren't pets, Rachel, don't get attached. There's always another horse."

He's a great storyteller, and each one is a walk down the memory lane of my own life. They are poignant, funny, and touching. Like a good yarn should be.

My little daughter — the six-foot-tall drama queen one, loves sitting around telling stories, talking about family events and histories. Last night she said how much she loved that we do that, and how neat it is



to be part of a family of storytellers. She said she used to hate it, and when the spinning would begin, she would roll her eyes, "Here we go again."

I imagine there will come a day when she becomes a storyteller in her own right. Genetically speaking, she can't really help it.

So while we do our part for now to keep telling our stories and spinning yarn, we'll be right here...

...Keeping you Posted.

____Dach

[Amazon continued from page 1]



Victoria Crystal Nancy Coon Jim & Tina Dakin Tess Fife Mike & Beth Reese Harry Smith

Mail

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please email: publicnotices@thefallonpost.org.

TO SUBMIT AN OBITUARY

Please send via email to: admin@thefallonpost.org You can attach a photo. Obituary text must be sent in Word document format, or in the body of an email, no images or pictures of text, please.

SUBSCRIPTIONS OR ADDRESS CHANGE

Can be placed online, and by mail at 25 South Maine Street, or by phone: 775-423-4545. Single copies may be purchased for \$2 at local merchants listed on the back page.

Inside the new delivery facility.

enhancing employment opportunities, and fostering economic growth in Fallon and the surrounding areas."

The Fallon Delivery Station allows for faster deliveries to customers across the region, covering areas within a 60-mile radius, including Fernley, Silver Springs, Stagecoach, and Virginia City. The facility will also play an essential role in supporting Nevada's small businesses, with over 6,000 small and medium-sized businesses selling through Amazon.com statewide.

The delivery station is expected to create dozens of local jobs with competitive wages and benefits. Amazon indicated that all employees at the facility will receive comprehensive benefits from day one, including healthcare, 401(k) plans, and paid leave.

In addition to full-time staff, the Amazon Flex program provides gig economy opportunities for local drivers. The station employs about 50 Flex drivers daily, with plans to scale up with the demand. These independent contractors use their own vehicles to make deliveries and have flexible work schedules.

Fallon Mayor Ken Tedford, a longtime advocate for economic development in Fallon, is excited about Amazon's arrival. "More than two decades ago, we envisioned a business park that would bring high-wage job opportunities to Fallon," he said. "Today, we are thrilled to welcome Amazon, a company that aligns perfectly with our vision for growth and prosperity."

Mayor Tedford also praised the collective

efforts that made the project possible, thanking city staff, county officials, and Amazon's legal and development teams for their dedication.

The Fallon Delivery Station serves as a last-mile hub, ensuring packages reach customers more quickly and efficiently. The facility uses advanced logistics and AI-driven routing systems, optimizing package flow from warehouses to customers' doorsteps.

The station's workflow involves packages arriving from Amazon's regional fulfillment centers, sorting operations to organize deliveries by area, and assigning routes to Amazon Flex drivers and delivery vans, which expedites shipping and often allows for same-day or next-day deliveries.

Beyond job creation, Amazon's Fallon facility is expected to boost local businesses and improve residents' accessibility to e-commerce. The hub supports a network of local suppliers, contractors, and small businesses, many of whom sell their products on Amazon.com.

One example is Hemlock Park Candles, a Nevada-based business in Sparks, that started selling on Amazon and has since become a top-ranked seller of natural home remedies. Fallon's small and home-based businesses will be able to better utilize Amazon's marketplace and take advantage of their platform to reach customers nationwide.

The opening of Amazon's Fallon Delivery Station is a welcome step toward muchneeded economic development in rural areas.

FEATURES

Banner and UNR Partner to Train More Doctors

By Rachel Dahl with Denice Pinder

Efforts to establish a University of Nevada Rural Family Medicine Residency Program at Banner Churchill Community Hospital are progressing, offering hope for increased access to primary care in Fallon and surrounding rural communities. During a recent presentation to the Fallon City Council, Dr. Tedd McDonald, Dr. Amy McGahey, and Banner CEO Rob Carnahan provided an update on the initiative, outlining its history, challenges, and future trajectory.

Dr. McDonald, a longtime advocate for bringing medical training programs to Churchill County, recalled past attempts to establish a residency program. "Back in 2008, we came very close to having a residency program, short of having the first residents come in. And 2008 hit, and it was considered not to be financially stable at that time," he stated.

In 2014, Banner Hospital approached the University of Nevada School of Medicine about a residency program but was again deterred by financial constraints. However, recognizing a growing shortage of primary care providers, efforts were revived in 2022 when local stakeholders, including the Churchill County Health Board and tribal representatives, renewed discussions on the need for local medical training.

Now, with increased state and federal funding available to support rural healthcare initiatives, it appears the the variables may be favorable for the program to move forward.

To assess feasibility, the project underwent a rigorous evaluation process, including a

Green Evaluation by rural health experts from Utah. The study confirmed a high demand for primary care physicians in Churchill County, alongside sufficient infrastructure at Banner Churchill Community Hospital to support a residency program.

"In November of last year, we had a review by a consulting group looking at the resources available in the hospital and the community—exam rooms, faculty, and support systems," Dr. McDonald explained. "We were given the advice to move forward."

Dr. McGahey, a family physician and key leader in the initiative, emphasized the economic and workforce benefits of the program. "A family physician practicing in a community with a hospital brings in about 23 jobs and \$1.7 million in economic activity," she noted. "This program won't just address healthcare needs—it will contribute to economic stability."

The proposed residency program will function as a rural track under the University of Nevada School of Medicine's existing family medicine residency. It will follow a 1+2 model, where first-year residents train in Reno, then complete their final two years in Fallon. This structure allows new physicians to develop long-term relationships with local patients while gaining specialized experience in rural medicine.

Dr. McGahey detailed the program's importance: "The purpose of those last two years together is that they develop continuity of relationships with their patients. They actually establish a panel of patients that they care for through the rest of their training."

The goal is to welcome the first cohort of residents in July 2026, with full implementation by July 2027.

A key objective of the program is to increase physician retention in Nevada's rural areas. Studies show that doctors who train in rural residency programs are significantly more likely to remain in those communities. According to McGahey, 40% of medical students from UNR stay in Nevada after graduation, with 60% of physicians who complete a Nevada residency remain in the state.

"Our first goal is to expand residency programs because that's how you retain physicians," said Dr. Paul Hauptman, Dean of the UNR School of Medicine. "We are planning to launch this rural family medicine track alongside new OBGYN and addiction medicine fellowships in 2026."

Strong community and legislative backing have been instrumental in advancing the initiative. Fallon's Mayor and City Council members have joined the program's steering committee, which is currently navigating the credentialing, accreditation, and funding processes.

Additionally, the Nevada Association of Human Services Administrators has included the program in its legislative agenda, advocating for increased funding for Graduate Medical Education (GME) programs statewide. The governor has expressed support for doubling the state's GME budget, which could directly benefit Fallon's program.

While momentum for the program is strong, housing for residents remains a critical concern. "We need to make sure we have affordable housing for these residents," Dr. McGahey stressed. "They will need to live close to the hospital to meet their training requirements."

In addition, recruiting faculty physicians to train and mentor residents is another challenge. However, several Fallon-based family physicians have committed to teaching, providing a solid foundation for program development.

The success of Fallon's program could serve as a model for other rural areas in Nevada. "If we can make this work in Fallon, we can expand to other rural communities in need," Dr. McGahey said. "We see this as the beginning of something bigger."



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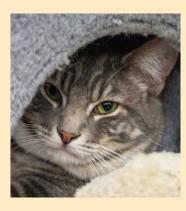
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A N N O U N C E M E N T S



PETS OFTHE WEEK

Tank is Available for Adoption



Meet Tank – A Gentle Soul Ready for His Forever Home! Tank is a stunning marbled tabby, just under a year old, neutered, and fully vaccinated. While he may be a bit timid at first, with patience and love,

he'll become a loyal and affectionate companion. Building trust with a shy cat like Tank is a special experience, and once he feels safe, his sweet and gentle personality shines.

He thrives in a quiet home where he can build confidence at his own pace and gets along well with other cats. If you're looking for a loving feline friend, Tank could be the perfect addition to your family!

Fallon Animal Welfare Group is a 501(c)(3) charity supporting the welfare of cats in Churchill County, Nevada. Questions? Call 775-217-4745 or, for barn cats, call Pat at 775-217-7248.

CAPS Pet O' the Week

We're grateful to Lahontan Elementary for supporting us through their CAPS for CAPS fundraiser! While we remain open by appointment only during construction, we're



March at the Churchill County Library

Staff Report

Your local library is welcoming spring with a variety of free programs, books, and online resources for all ages in March. Come in and check out all their great programs.

CHILDREN'S PROGRAMS

- 1,000 Books Before Kindergarten encourages young readers to reach 1,000 books before starting school, with recognition at every 100-book milestone. Sign up anytime at bit.ly/CCL1000BBK.
- Reading with Rover takes place March 13 at 3:30 p.m. Children ages 6-11 can practice reading with therapy dogs and keep the book they choose.
- STEAM Fridays at 1:30 p.m. offer hands-on science, technology, engineering, art, and math activities for ages 6-11.
- Story time is held Wednesdays at 11 a.m. and Thursdays at 10 a.m. and 11 a.m., featuring picture books and crafts for ages 3-5.
- Elementary Book Club meets March 28 at 3 p.m. in the Library Annex for grades 3-5. Reserve a spot at bit.ly/CCLElementaryBookClub.

ADULT PROGRAMS

- Sen. Rosen's Office Hours on March 13 at 1 p.m. offer a chance to discuss community concerns with a representative.
- Crafting for Grownups is set for March 20 at 4 p.m. This month's project: egg carton flowers.
- Adult BYOB(ook) Club meets March 27 at 4 p.m. Bring a book you're currently reading or have recently finished.
- Spice Club features cinnamon verum in March.

PROGRAMS FOR ALL AGES

• Game Night takes place every Wednesday at 4 p.m. Families and individuals can play library-provided games or



- Virtual Reality Tuesdays at 3:30 p.m. are open to patrons 10 and older. Minors must have a signed permission form.
- Book Challenges for all ages are available through the Beanstack app at churchillcountylibrary.beanstack.org. March's challenge: find a book with a green cover.

LIBRARY SERVICES

- Public Computers: Free desktop access; printing and photocopying available for a small fee.
- Online Learning: Access Rosetta Stone, World Book, Libby, Hoopla, and Kanopy for language learning, research, audiobooks, movies, and more.
- No Overdue Fines: The library does not charge late fees.

HOURS & CONTACT INFORMATION

The library is open Monday-Friday, 9 a.m. to 6 p.m., and Saturday, 9 a.m. to 5 p.m. Closed Sundays and major holidays. For more information, call 775-423-7581 or visit 553 S. Maine St., Fallon. Program details are subject to change—check the library website at

still highlighting pets in need of homes.

Meet Cocoa Bear, a two-year-old Golden Retriever and Pit Bull mix full of love. He's housetrained, crate-trained, and enjoys car rides and water adventures. While cautious around men, he warms up with patience. He does well with older kids and some dogs but is on limited activity due to a partial ACL tear and early-stage hip dysplasia. With care and rest, he'll be a loyal companion!

Churchill Animal Protection Society 5894 Pasture Rd, Fallon 775-423-7500 | capsnevada.org

City of Fallon Animal Shelter



Say hello to Hank (D-113). This big friendly giant is only around a year old, and we were told is good with livestock. He enjoys barking and chasing birds (so chickens are a no go for this guy), is playful and affectionate. We don't know how he is with cats, and were told does best with smaller female dogs. Hank is an owner surrender, due to the owner's age. If you think he would make a good addition to your household, please give us a call, or come check him out. Also, the City of Fallon Animal Shelter is looking for volunteers.

City of Fallon Animal Shelter 1255 Airport Rd, Fallon | 775-423-2282

bring their own.

www.churchillcountylibrary.org.

Movies & More February 21 – 22

By Kelli Perez

This weekend, we continue our fractured fairy tales series with Shrek the Third, the third installment in the DreamWorks animated franchise.

The film will be shown on both Friday and Saturday at 6 p.m. Featuring the voices of Justin Timberlake, Eddie Murphy, and Antonio Banderas, this adventure follows Shrek, who is reluctantly named the heir to the kingdom of Far, Far Away. He devises a plan to crown the rebellious Artie as the new king while Princess Fiona battles a coup led by the spurned Prince Charming. The movie is rated PG and runs for 1 hour and 33 minutes.

We're also keeping the musical movie theme going with the 2012 hit Pitch Perfect, showing on both Friday and Saturday at 7 p.m. Beca, played by Anna Kendrick, is a freshman at Barden University who is persuaded to join The Bellas, the all-female a cappella group. With her fresh perspective and energy, she helps revitalize their performances as The Bellas go head-to-head with their male counterparts in a campus



competition. The film is rated PG-13 and runs for 1 hour and 52 minutes.

Looking ahead to early Spring, we are seeking participants for our Heritage of the West event on April 5th, which will showcase oral histories, storytelling, cowboy poetry, dance, and music. If you or someone you know would be interested in performing at this free community event, please reach out by emailing huck_salt@yahoo.com or calling 775-423-2055 or 775-217-4142. Please help us spread the word!

In addition to our free movies, exciting events, and excellent advertising opportunities, we also offer our newly refurbished marquee for personalized messages, as well as one or both of our auditoriums for parties, celebrations, or other events. To reserve a Marquee Message or book an auditorium, feel free to contact us at 775-423-6210 or email thefallontheatre@gmail.com.

OBITUARIES

ALBERT JACKSON MCMINDES Oct. 1, 1931 — Dec. 20, 2024

Albert Jackson McMindes died peacefully in the early morning hours of Dec. 20, 2024, at Oasis Homecare/Gentiva Hospice in Reno, Nevada.

He was born in Yellville, Arkansas, on Oct. 1, 1931. After starting school, he and his family moved to the West Coast, settling in Lincoln, California, where he spent the remainder of his childhood.

After graduating from high

school, he attended college for two years before his education was interrupted by the Korean War and Vietnam conflict. While assigned to Lincoln Air Force Base in Nebraska, he met the love of his life, Nancy Jane Wagner, in 1954. Jack would say theirs was a love story, and they remained devoted

throughout their lives.

He spent the next 26 years in the Air Force, cross-training from medic to military

> police to small arms and survival training before spending the rest of his military career with the intelligence group. His service took him to Germany, Spain, and Thailand, as well as several stateside bases.

After leaving the Air Force in 1974, he was immediately employed by the Nevada Department of Employment, Training, and Rehabilitation. He transferred to the Fallon office as man-

ager in the mid-1980s, where he remained until retiring in the 2000s.

Following his military service, Jack joined the American Legion and Veterans of Foreign Wars (VFW), advocating for veterans' rights since the 1970s. He served as the VFW State of Nevada adjutant for most of

his career and also held the office of commander at large. He was a member of the Royal Order of Cooties and helped publish the state newsletter.

Jack's interests included camping, fishing, rockhounding, and woodworking. He was also an avid reader and had a deep love for Basset Hounds.

Albert Jackson was preceded in death by his parents, siblings, and his wife of 68 years, Nancy Jane. He is survived by his daughter, Stephanie Tracy, and son, David Barney, and his wife, Barbara. He also leaves behind grandchildren Russ and Cat, Erinn Clem, and Jake and Sarah; great-grandchildren Justin, Elaina, Alexis, Mia, Gloria, Mason, Fiona, AJ, Micah, Manuel, and Parker; and many more family members too numerous to list.

Memorial services will be held at a later date when the weather is warmer.

Dad, it's "not bad for a Monday."



WATER LEVELS

Measurements Taken February 18, 2025, at 8:30 a.m.

Lahontan Reservoir Carson River Below Lahontan Truckee Canal at Wadsworth Truckee Canal at Hazen		169,200 af 2.26 cfs	
		395.0 cfs	
		382.0 cfs	
Carson River at Ft.	Churchill	365.0cfs	
February 18, 2024	February 18, 2023	February 18, 2022	
241,960 acre feet	121,639 acre feet	98,036 acre feet	
Cfs - Cubic Feet per Second	Af - Acre Feet TCID.org	& Water Data.USGS.gov	

MEETINGS February 24–28, 2025

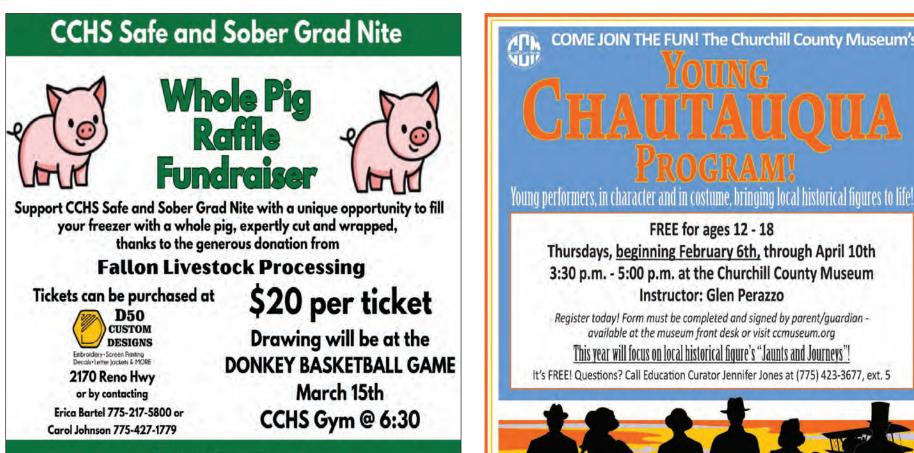


County Meetings - 155 N. Taylor St. **Commission Chambers**

> **Coalition for Senior Citizens** Monday, Feb 24 at 4 p.m.

Planning Commission Tuesday, Feb 25 at 6:30 p.m.

Library Board of Trustees Thursday, Feb 27 at 3 p.m.





FREE for ages 12 - 18

Instructor: Glen Perazzo

Need not be present to win



SENIOR CENTER MENU

WILLIAM N. PENNINGTON LIFE CENTER 952 S. MAINE STREET, FALLON, NV | 775-423-7096 Lunch Served Monday - Friday 11:30 a.m. - 12:30 p.m. | Lunch is \$6 for those under 60 and a suggested donation of \$3 for those 60 and older.

Monday, February 24

Cabbage Sausage & White Bean Stew Glazed Carrots Whole Grain Bread **Mixed Fruit**

Tuesday, February 25 Spaghetti w/Meat Sauce Italian Green Beans Garden Salad **Garlic Bread Orange Mango Cup**

Wednesday, February 26

Orange Ginger Chicken Thighs w/Peppers Onion & Pineapple Fried Rice Fortune Cookie Mandarin Orange

Thursday, February 27

Cincinnati Chili w/Cheddar Cheese & Onion Corn & Tomato Salad Cornbread Warm Applesauce

Friday, February 28

Turkey Pot Pie Mixed Green Salad WW Bread **Orange Mango Cup**

FALLON DAILY BREAD

WOLF CENTER | 457 ESMERALDA AVE., FALLON NV | 775-423-4714 Meals are served Mondays and Thursdays from 5 - 6 p.m.

Monday, February 24 Pizza Night Salad & Dessert

Thursday, February 27 **Baked** Pasta Broccoli & Fruit

Monday, March 3 **Chicken Fried Steak** Mashed Potatoes Vegetables

Thursday, February 27 Rotary Night

Volunteer groups needed to help serve once per month, 3 p.m. until 6:30 p.m. **Call for information.**

LOCAL GOVERNMENT

School District Works on Suicide Prevention

By Rachel Dahl

During their February 12 meeting, the Churchill County School District Trustees heard a presentation from Emma White, the Youth Suicide Prevention Coordinator with the Nevada Division of Public and Behavioral Health, who made a report on the work her agency is doing to assist the district with Youth Suicide prevention in Churchill County and statewide.

The Nevada Office of Suicide Prevention has offices in Reno and Las Vegas, covering the state with six staff members. According to White, who referenced the current data from 2022, Nevada falls 7th highest in suicide rates in the country, and suicide is the 2nd leading cause of death among 8 to 44-year-olds in Nevada. In the 65+ population, suicide is the 6th leading cause of death. In Nevada, there is one suicide death every 14 hours.

"For 60 years Nevada was first in the nation in suicide deaths per capita, so we are headed in the right direction," White said.

There are several initiatives White and her colleagues are working on with the district, including Prevention 101, the Hope Squad, which is a peer-led group focusing on mental health, and Postvention at the middle and high schools. "We have been working with the middle school during August, September, and October," White said, explaining Postvention as "what we do when we lose someone."

White also said her NOSP has received the Garrett Lee Smith grant and will be working with Churchill, Elko, and Carson Counties for the next five years, focused on "what to recognize and what to do about it."

Additionally, the Signs of Suicide program (SOS) will continue, with training for school district members, families, and students.

Trustee Joe McFadden expressed concern that students are made aware of all available resources, and Trustee Kathryn Whitaker emphasized the need for ongoing, continual training.

White explained that there will be training every year with new approaches, and sometimes, training can be designed to focus on informal roundtable conversations instead of structured three-hour training. "Sometimes there is so much value in talking



Whitaker said the district does not currently have a policy addressing suicide prevention, "and I want one."

and asking questions about certain circumstances and experiences," White said.

Whitaker said the district does not currently have a policy addressing suicide prevention, "and I want one."

White said that the Postvention program has a tool kit template with best practices that can be used to model policy statements. "The Department of Education is going to require these plans be

a part of the emergency operation plans by August," White said. In addition to this work with NOSP, school district staff and representatives have also participated in the community-wide work with Tipping Point over the past eight months to develop the Churchill County Behavioral Health and Suicide Prevention Plan.





WINE TASTING with Raffles and Auction

March 1, 2025 6:00-10:00PM

\$25 per person Price includes engraved wine glass

St. Patrick's Church 850 W 4th St, Fallon, NV 89406

No one under 21 will be admitted.

LOCAL GOVERNMENT

Churchill County Releases Behavioral Health and Suicide Prevention Plan

By Rachel Dahl

The Churchill County Community is taking decisive action to address growing concerns surrounding mental health and suicide prevention. Following eight months of collaboration among local agencies, community leaders, and residents, the Churchill County Behavioral Health and Suicide Prevention Plan 2024 has been formally introduced.

Led by Turning Point, Inc., an independent consulting agency, in partnership with Churchill County Social Services, this effort is all about improving how the community responds to crises. The goal is to make sure people get the help they need when they need it—whether that means better coordination between services or expanding access to mental health support.

In a series of presentations to both the City of Fallon and the Churchill County Commission, Jennifer McClendon of Turning Point and Shannon Ernst, Director of Churchill County Social Services, outlined the key findings of their extensive community assessment. They identified several persistent challenges in mental health services, including:

- A Shortage of Mental Health Professionals: Churchill County faces a serious shortage of licensed social workers and psychiatrists, leaving many residents especially those with tight budgets—without local care. For those in the justice system, the struggle is even greater, as transportation and cost often make getting help nearly impossible.
- Gaps in Crisis Response and Follow-Up Care: While the community rallies effectively in times of crisis, there has not been a structured post-crisis intervention plan to support ongoing recovery and prevention efforts.
- Lack of Coordination Between Agencies: Despite strong working relationships among community leaders, there is no formalized communication and collaboration framework to streamline mental health response efforts.

• Housing Instability as a Mental Health Factor: The lack of affordable housing continues to contribute to mental health struggles, particularly among individuals transitioning out of the justice system or crisis intervention programs. Without stable housing, many residents fall back into environments that reinforce cycles of substance abuse and mental health distress.

Facing ongoing challenges in mental health care, the goal is to develop a plan focused on long-term solutions. Over the next three to five years, the community will work toward three key goals:

1. Connecting Resources and Services

Several obstacles stand in the way helping residents connect to mental health care and resources. One of the biggest is simply knowing what help is available. The plan includes the development of a shared system for accessing these types of resources to help residents quickly find the support they need without agencies duplicating efforts. **2. Encouraging Open Conversations About Mental Health**

Reducing stigma and helping people talk about mental health is a critical component of the plan. Community members reported the need for more events that promote social connection and belonging. Activities like the annual Christmas tree lighting and other community gatherings help foster a sense of support and engagement, which can serve as preventative measures against mental health crises.

3. Creating a Fully Resourced System to Meet Community Needs

Rather than attempting to build new services from scratch, Churchill County will use existing state and federal resources to build better mental health programs. A significant focus is being placed on securing additional funding and recruiting more mental health professionals to the area. The county is also exploring the possibility of a pipeline program for clinical social workers and psychiatrists to increase long-term provider availability. Community leaders, service providers, and volunteers will continue to meet monthly throughout 2025 to implement and refine the plan, working on resource mapping/gap analysis, tabletop exercises to coordinate crisis response, crisis communication plan, and explore what works in other communities.

One immediate result from this effort is a new telehealth hub at the William N. Pennington Life Center. Along with Silver Summit Healthcare, this telehealth hub will provide locals immediate access to mental health services, making it easier for residents to receive care without traveling long distances.

Additionally, Suji Psychiatry is offering in-person psychiatric care on the fourth Wednesday of each month, with potential expansion based on community demand.

The Churchill County School District has also introduced new school-based suicide prevention programs, including Hope Squad, which empowers students to support peers in crisis. Meanwhile, law enforcement and justice system personnel are working closely with FAST (Forensic Assessment Services Triage) caseworkers to improve intervention strategies for justice-involved individuals experiencing mental health crises.

The work has now been passed to Gabby Stone at the Regional Behavioral Health Task Force, who will continue to lead the plan, which is determined to make meaningful, lasting changes in Churchill County's mental health landscape. As efforts progress, residents can expect more opportunities to engage with and benefit from the county's evolving mental health initiatives.

Community members are encouraged to participate in the initiative by joining one of the working groups or attending upcoming Mental Health Awareness Day events. The next major community event is scheduled for May 14 at Churchill Community Coalition, featuring workshops on mental health awareness for parents and the elderly.

VERITAS PREPARATORY SCHOOL

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CHURCHILL COUNTY COURTS

Tenth Judicial District Court

Tuesday, February 11, Judge Thomas Stockard Presiding

By Teresa Moon

John Frederick Gormley pleaded guilty to the Wobbler Charge of Killing or Possessing Certain Animals Without a Valid Tag; a Wobbler can be sentenced as either a Gross Misdemeanor (up to 365 days in the Churchill County Jail and a fine up to \$2,000) or as a Category E Felony (1-4 years in the Nevada State Prison and a fine up to \$5,000).

Nevada State Prison and up to \$5,000). Senior Deputy District Attorney Chelsea Sanford said Gormley was in the residential Pioneer area, spooked a herd of deer, and then shot one. A few neighbors called law enforcement, to which he reported he had a deer tag. However, they found the tag was out of date, and his designated area was approximately 80 miles from where Gormley shot the deer. "He proudly told law enforcement, 'It's the coolest one I ever shot,'" Sanford said. "These tags are highly coveted and hard to come by," she continued. Sanford asked the court to order Gormley to have no contact with the neighbors who reported the incident.

Churchill County Public Defender (CCPD) Jacob Sommer pointed out that throughout the investigation, his client was extremely cooperative with law enforcement, stating he is a longtime resident of the area, employed full-time, and has no prior felony convictions. Sommer asked the court "to grant Mr. Gormley the privilege of being sentenced to a Gross Misdemeanor." Sommer stated his client deeply regrets the incident and wishes he could undo it. He believed he had permission to be on one of the parcels and did not intend to cause harm.

Gormley told the court he had lived in Nevada since he was a teenager and had not broken any laws until this incident. "I could chalk it up to like a frustration-type of deal." He explained he had made four trips to Reese River and had put 700-plus miles on his truck. "I just wanted to put something in the freezer, and that seemed to be the easiest way, but ultimately the wrong way. Of course, it will never happen again; I can promise you that."



Tenth Judicial District Court Building.

Gross Misdemeanor and ordered Gormley to pay a \$500 fine plus a \$750 Civil Penalty, to be paid within 90 days.

Bran Maynard Pierson pleaded guilty to the Category B Felony of Driving Under the Influence of an Intoxicating Liquor or a Controlled or Prohibited Substance, a Third or Subsequent Offense, which is punishable by 1-6 years in prison and a fine of \$2,000-\$5,000. The charge also carries a mandatory prison sentence unless admitted into the DUI Diversion Program.

CCPD Jacob Sommer said Pierson is currently at Reno-Sparks Gospel Mission and will graduate from a substance abuse program in June. Judge Stockard ordered a Pre-Sentencing Investigation (PSI) and set sentencing for Jul. 8.

Angel Marquel Watts, in custody, pleaded guilty to the Category B Felony of Battery That Constitutes Domestic Violence, a Third or Subsequent Offense, which is punishable by 1-6 years in prison and a fine of \$1,000-\$5,000. The charge carries a mandatory prison sentence. Judge Stockard ordered a PSI and set sentencing for Apr. 15.

Mikayla Sue Sherman, in custody, admitted to a Non-Technical Sentencing Violation. In January, Sherman pleaded guilty to the mit Possession of a Controlled Substance. Proceedings were suspended, and she was placed in the Western Regional Drug Court Program.

Chief Deputy District Attorney Lane Mills stated, "Clearly there has to be some type of sanction for her... She found herself in a hole, and she kept digging."

CCPD Jacob Sommer shared that Sherman has been engaged in some of the resources available to inmates at the Churchill County Jail and has received certificates for 17 courses she has completed. However, he explained his client is not asking for probation reinstatement but for her underlying sentence to be imposed, concluding, "Consequences come when you don't comply."

Sherman said she has been working as a trustee at the jail, showing her what responsibility feels like and building her self-confidence. "I think that getting arrested this time was kind of a blessing in disguise," Sherman stated.

Judge Stockard revoked Sherman's probation, sentenced her to 275 days in jail, and granted 174 days of credit for time served. He wished her good luck and encouraged her, stating, "Maybe you can get your GED while you're there. It sounds like you have a plan. You know what you want to do. We're

Gross Misdemeanor of Conspiracy to Com-

all pulling for you."

Settlement Conference Set in Ashely Battery Cases

By Teresa Moon

On Feb. 7, Nicholas Pierre Ashley, in custody, appeared in the Tenth Judicial District Court for a status hearing before Judge Thomas Stockard.

In December, Ashley pleaded not guilty to the Category D Felony of Battery Causing Substantial Bodily Harm to a Victim, which Constitutes Domestic Violence, and to Battery by a Probationer, Parolee, or a Prisoner in Lawful Custody. At that time, a trial was set for July 14-18 and an evidentiary hearing for June 10.

Churchill County Public Defender Jacob Sommer requested a Criminal Settlement Conference before the trial. A settlement conference allows the state and the defense to present their cases to an out-of-district senior district court judge. If the matter is not resolved, the case will proceed to trial.

Sommer requested a bail reduction or for Ashley to be released on his own recognizance (OR), noting, "he has been in custody since sometime last year and has had no issues." Further, Sommer stated, "Ashley has significant community connections, no prior Failure to Appear charges; and the alleged victim is now living in California."



Nicholas Ashley. Photo courtesy of CCSO.

Deputy District Attorney Priscilla Baker cited the defendant's criminal history, which includes multiple DUIs, resisting arrest, assault on an officer, domestic battery, lewdness, sexual assault on a minor, and failure to register as a sex offender. She alleged that while Ashley was on parole, "he met up with the victim, a relationship ensued, and he then spent two or three days beating her." Baker stated the victim was "beaten to the point where her eyes were shut, she had a lump on her head..." Baker asked to admit some photos into evidence.

Sommer objected, stating, "Getting into this allegation that there were several days of beating is inconsistent with the charge we have, additionally I believe it is inconsistent with the facts we have."

Baker argued that the information was relevant, noting that it came out at the Preliminary Hearing during testimony. She further argued for bail to remain unchanged, stating, "This defendant is a huge flight risk. He faces some serious charges. And we have the safety of the victim."

Judge Stockard ruled, "I'm going to allow this to be marked; and I'll give them [the photos] the weight that I think it deserves." He continued the matter and set a bail hearing discussion for Feb. 18. Stockard then asked Ashley several questions and ordered an updated risk assessment to be completed by Feb. 14. The settlement conference will be scheduled administratively.



BUSINESS

The Village Earns National Women-Owned Business Certification



Staff Report

Fallon's own Village, Nursery & Garden Center has received national certification as a Women's Business Enterprise (WBE) through the Women's Business Enterprise National Council (WBENC), the leading certifier of women-owned businesses in the United States.

The WBENC certification process includes a thorough review of business ownership, operations, structure, and site inspection. The certification confirms that The Village is 100% owned, operated, and controlled by a woman and meets WBENC's strategic business planning and implementation standards.

By supporting women-owned businesses, corporations and government agencies strengthen supplier diversity programs and contribute to a more balanced and sustainable economy. WBENC certification also provides women entrepreneurs professional development, networking, and opportunities to connect with major corporations.

The Village, a full-service nursery and garden center, is located at 2975 Reno Highway and is open daily from 8 a.m. to 4 p.m. For more information, visit www.thevillage89406.com.

Battle Born Metals Brings Gold and Silver Trade to Fallon

By Nancy Chapman

Dax Homer, owner of Battle Born Metals, specializes in gold and silver coins, bullion, and a limited selection of new fine jewelry for men and women. While he buys coins, he does not purchase or repair jewelry. The business is located at 2152 Williams Ave., Suite H.

Before opening Battle Born Metals, Homer spent several years in warehouse management. Just before Christmas



L-R Bruce Homer and Dax Homer. Photos by Nancy Chapman.

one year, he learned his company was closing. To make ends meet, he took on construction work with his father, Bruce. However, not wanting to pursue construction as a long-term career, he seized an opportunity to start his own business.

Battle Born Metals held a soft opening on Jan. 3, and celebrated a grand opening and ribbon-cutting set for Feb. 11, 2025.

For those interested in verifying a coin's bullion content, Homer offers on-the-spot testing at his shop.



L-R Merlene Ward, Fallon Chamber of Commerce Director, Ava Case, Fallon Chamber of Commerce Director, Bruce Homer, Dax Homer, Owner Battle Born Metals, Taylor Espinosa, First Independent Bank, Dave Munoz, Fallon Chamber of Commerce, Ambassador, Scott Johnston, Fallon Chamber of Commerce, Ambassador.

EDUCATION

CSD Cool School News



CCHS: JROTC Color Guard and Unarmed Drill Teams competed in the ALL Navy Area-22 Drill competition at Carson City High School.



LES: Enzo Chick, Bryson Sammaripa, Noe Isael Robles Soria, and Poppy Mahoney's Valentines Day bags they made to collect goodies from their classmates.



NELC: Isabella Horn and Aries George pose with their hearts across America map.

CCHS

The CCHS JROTC Color Guard and Unarmed Drill Teams competed in the ALL Navy Area-22 Drill competition at Carson City High School, marking their return after several years. Cadets trained rigorously, demonstrating precision and discipline. Instructor Master Chief James Walker praised their dedication and progress. Beyond competition, JROTC cadets volunteered at a youth wrestling tournament at Rafter 3C Arena, with sophomore James Lofthouse leading the volunteer team. With upcoming drill and drone competitions ahead, the cadets remain focused on excellence in both competition and community service. Bravo Zulu to all for their hard work and commitment!

CCMS

CCMS honored Monica Davis and Jennifer Olsen as Gerka Staff of the Week for their dedication to students and school culture. Davis was recognized for leading Positive Behavioral Interventions and Supports (PBIS), with one staff member noting, "Rewarding students wouldn't happen without Monica's leadership." Students praised Olsen for her support, with one saying, "Mrs. Olsen always tries her best to help every student." CCMS thanks them for making the school a great place to learn and grow.

NUMA

Students in Trudy Mills' class explored matter through hands-on science stations, using critical thinking and teamwork to separate mixtures based on properties like size, shape, magnetism, and buoyancy. They recorded their procedures in science journals and discussed their findings. A favorite activity involved sorting trail mix—then enjoying it as a snack. Mills emphasizes interactive learning to deepen understanding. "It helps solidify their knowledge and makes science come alive," she said.

E.C. BEST

Last week, students in Juliann Lambson's class answered essential questions such as, "Why is it important to connect with others?" Students interviewed a classmate to get to know more information about them and make connections with one another. Then they read a book called "Wilfred Gordon McDonald Partridge" and made Valentines that they gave to local nursing homes. "The goal of all these activities was for my students to learn and understand how and why it's important for humans to build connections and how they can make a difference," Lambson said.

LAHONTAN

Students in Monica Franks' Kindergarten class learned about kindness. Students started the week learning about polar bears, and discovering what makes the animals so special. Then students jumped into focusing on random acts of kindness and practiced ways to make their classroom a positive and caring place. To wrap up the week, students celebrated Valentine's Day with a party that included treats, heartfelt notes, and goodies for their friends spreading kindness in the classroom.

NORTHSIDE EARLY LEARNING CENTER

Octavia Merritt and Montana Koplin's class has been celebrating friendship around the world for the month of February. The class is trying to get a letter from someone in each state to demonstrate friendship. When they get a letter, they send one back saying thank you for their friendship and the love they sent. "We feel like this is a great way for students to see how they can mail letters to each other, how they can have friends all over the world, and how friendship, love, and kindness are important, no matter where they are and who they are." Merritt said.

EDUCATION

Why Logos?

A parent's perspective

By Jeana Lyle

My name is Jeana, and my daughter, Penny, is a 3rd grader at Logos Christian Academy. This is her first year at Logos; she attended public school for 1st and 2nd grade.

I won't go into the various issues with public schools; we are all well aware of them. However, I must say that Penny had wonderful teachers in her first and second grades. Despite this, public school just wasn't the right fit for her. She wasn't thriving there, and I knew it was time for a change.

After conducting our research and speaking with friends, we decided to explore Logos Christian Academy (praise God!). From the moment we walked onto the campus, I felt we had found the right place for our family.

Here are the three key reasons we chose Logos Christian Academy for our daughter.

1. ESTABLISHED INSTITUTION

I appreciate that Logos has been around for 25 years. I know they know how to run a school, their Classical Christian curriculum works, and are going to be around for many years to come.

2. WELCOMING ENVIRONMENT

Everyone we met was genuinely welcoming. Our family was invited to Logos events even before Penny started school, which allowed her to meet some classmates and make a few friends. This made her first day at a new school much easier.

3. IMPRESSIVE CURRICULUM

Logos provided me with a detailed overview of their curriculum to review. I asked my mother, a retired public school teacher, to examine it thoroughly. She was impressed and their curriculum exceeded her high standards.

This year at Logos has been a breath of fresh air for our family. Penny has made the A/B honor roll twice and is dedicated to her progress. It's important to note that the schoolwork isn't necessarily easier, but the smaller class sizes mean she receives the support she needs to succeed.

If you're a parent considering a change in your child's education, don't hesitate any longer. Choosing Logos Christian Academy was the best decision I ever made, and it could be the best decision you make for your child as well.

"An intelligent heart acquires knowledge, and the

Bighorn Bulletin

A and B Honor Roll Students and Dean's List Announced

Congratulations to the fall 2024 honor roll students. "A" honor roll students completed the semester with a 4.0 grade point average and "B" honor roll students completed the semester with a minimum 3.0 grade point average.

A HONOR ROLL STUDENTS

Third Grade: Lincoln Anderson, David Benham, Presley Coutinho, Ember Manskie, Brooklyn Mello, Nathaniel Navarro, Claire Oyler, Lucy Renfroe, Adelynn Wood, Kaleb Burton, Markus Cain, Layne Compau, Brielle Davis, Emma Ferguson, Jaye Freeman, Isabella Garcia, Abel Going, Kevin Gomez Tellez, Ziva Gygax, Harlow Mc-Clanahan, Richard Sanford, Asher Wright, Elizabeth Antoniono, Odysseus Arcoraci, Leila Birge, Evelyn Brooks, Saneya Burns, Kyle Coday, Lincoln Dynek, Stryker Flick, William Frey, Adalyn Hagen, Bennett Hert, Hamish Hill, Silas Kirkland, Carlee Owen, Derrick Rule, Jack Skoda

Fourth Grade: Turner Ansotegui, Gabrielle Brown, Sophie Bryan, AlliAnne Cross, Roran Horn, Kate Linares, Justin Persek, Bradley Smith, Brayden Sowersby, Tinlee Tanberg, Emma Whitaker, Thomas Acomb, Tyce Arritt, Evelyn Doyen, Ranger Farley, Sarah Herring, Piper Morrow, Demitri Riske, Hoyte Salisbury, Aaron Ayers, Zoey Brooks, Hannah Fenton, Nathan Moffitt, Ryan Moran Rodriguez, Oliver Ortega, Aubrey Reeves, Jameson Stevenson, Ryder Trappen, Adalynn Welch

Fifth Grade: Daleyza Alaniz Cornejo, Hayes Allegre, Ellie Carrasco, Elijah Davis, Ian Gygax, Myla Hagen, Max Hankins, Deacon Johnson, Isabelo Laplana, Grace Miller, Graysen Anderson, Emalyn Burns, Sierra Cavanaugh, Benjamin Frey, Brazen Hawkins, James Hill, Gemma Lambson, Bailey Lewis, Alexandra Manzo, Zavier Martin, Madison Mello, Karter Owens, Rachel Scott, Aadalee Smith, Kathryn Preston, Lauren Rule

Sixth Grade: Brooke Bennett, Madelyn Byrd, Camdyn Cecil, Makayla Dynek, Tensley Johnson, Ellie Peixoto, Logan Tolman, Emma Carrasco, Sophia Derby, Colton Fait, Hailey Shawcroft, Ava Sweetser, Samuel Acomb, Pearl Ansotegui, Adley Arritt, Macady Bogdanowicz, Kennedy Chandler, Ellie Davis, Reagan Farley, Ella Hert, Sophia Kirkland, Victoria Molatore, Trinity Mullins, Khloe Shawcroft, Hadley Tippett Seventh Grade: Addison Allegre, Jackson Frey, Preston Gurr, Eliana Gygax, Kenton Horn, Savannah Lewis, Tyler Mitchell, Luke Moffitt, Jake Nichols, Allie Nuttall, Alyssa Oyler, Addielyn Peel, Jacob Pilarski, Gianna Salisbury, Nickolas Sorensen, Mayu Steinbaugh Eighth Grade: Ezra Acomb, Leyton Anderson, Jesselle Joy Bayoneta, Neel Bhakta, Jeremy Heath, Alexa Hessey, Greyson Johnson, Avery Laca, Trace McKnight, Lila Mae Montero, Sophia Moya, Bailey Peixoto, Natallie Snooks, Annie Sorensen, Kinsley Viera, Kenslee Wiessmer Ninth Grade: Meghan Allen, Valerie Antus, Abby Belle Bird, Stevie Hiskett, Asher Irving, Keaton Jaques, Mason Jardine, Brooke Manskie, Caleb Pilarski, Wyatt Ricks, Crew Schank, Lora Siebecker, Lily Smith, Addison Sweeney Tenth Grade: Leonidas Arcoraci, Haley Bowman, Meirra Cavanaugh, Kaylee Craig, Lyannrose Goss, Phynex Hunt, Elijah Jones, Emma Lewis, Hazel Mackedon, Heidi Nichols, Alexis Slupski, Taylor Sowersby, Gavin Wolf

Sorensen, Indie Sullivan

Fourth Grade: Ella Beltran, Lily Derby, Rayden Dubois, Deegan Edgmon, Damian Gonzales, Anthony Guiterrez, Jerry Jones, Landin Lamprich, Axton Weik, Lucy Bell, Emma Carlo, Thomas Cavanaugh, Sofia De Leon, Tomas De Leon, Nina Henry, Kenzi Herold, Madigan Kelly, Niklaus Kirkland, Baylor Reynolds, Stetson Starr, Hunter Winder, Ryan Wright, Emree German, Cambria McQueen, Gabriel Pacheco, Cadence Pruit, Chloe Rodriguez-Ugalde, Ella Segura, Jackson Whitaker, Brooklyn Zimmerman

Fifth Grade: Janice Cervantes Garcia, Noah Dries, Hailey Herwick, Hailey Hiibel, Wyatt Houyoux-Craig, Cash Lewis, Tason Oyler, Avani Pietrosh, Mason Stanek, Luz Ugalde Coronado, Ayden Butcher, Tiernan Byrne, Sophya Calhoun, Bryson Chenoweth, Kooper King, Kyra Lewis, Briseis Mora, Makayla Pilarski, Louise Antoniono, Casen Edgmon, Wesley Griffin, Austin Gurr, Anson Hyde, Zachary Lemieux, Kira Lewis, Kypton Maynez, Maylee McKnight, Hudson Santos, Juniper Sorensen, Tanner Tippett, Cora Worth

Sixth Grade: Braylee Cline, Helena Evans, Avarie Hyde, Natalie Johnson, Zander Merritt, Jayden Ortega, Parker Sweeney, Bailey Warren, Olivia Allen, Connor Butcher, Roarie Curtis, Drake Nunes-King, Owen Olsen, Allyson Perez, Clay Saunders, Blake Slupski, Allison Whitaker, Blake Brandenburg, Harmonie Brooks, Jayce Compau, Owen Corbett, Rori Fellows, Antonio Garcia, Daniel Garcia, Lyndon Lenon, Beau Ovitt

Seventh Grade: Audrey Blakemore, Tristan Bracken, Riley Davis, Penelopi Doyen, Greysen Dubois, Zachary Greenberg, Abel Hernandez, Janie Irving, Kennedi King, Zayden Maynez, Christopher Miller, Dayana Moran Rodriguez, Audrey O'Bryant, Drew Palanivelu, Daniella Ramirez-Vilchez, Odin Roose, Alana Santos, Sawyer Schank, Mackenzie Schoenmeier, Katelyn Smith, Payton

ear of the wise seeks knowledge." Proverbs 18:15

Veritas Preparatory School

Classical & Christian

Veritas Recognizes Outstanding Students with "Diligence" Award

By David Ernst, Assistant Headmaster

Diligence, derived from the Latin diligentia, is defined as "steady, earnest, and energetic effort: devoted and painstaking work and application to accomplish an undertaking." Instilling diligence in children is essential, as it helps shape resilient and successful adults.

This past week, Veritas held its First Semester Awards Ceremony, recognizing students for their hard work, perseverance, and dedication to excellence in both academics and character. Headmaster Jill Rosario remarked, "The Semester Awards Assembly is an opportunity to celebrate Veritas' ethos—a commitment to a culture of joyful diligence and faithfulness."

The highlight of the ceremony was the presentation of the Diligence Award, given to one student in each grade band who demonstrated exceptional diligence in their educational pursuits during the first half of the school year. These students exemplified the Veritas ethos and embodied the message of Colossians 3:23: "Whatever you do, work heartily, as for the Lord and not for men."

THE DILIGENCE AWARD RECIPIENTS:

- Rhett Felloney Kindergarten 4
- Anders Schilling Kindergarten 5
- Audrey Schilling 1st Grade
- Liam McCorkle 2nd Grade
- Clara Ernst 3rd/4th Grade
- Madeleine LaValley 5th/6th Grade
- Andrea Quiles 7th/8th Grade

Through this celebration of diligence, Veritas continues to nurture a culture of perseverance, excellence, and faithfulness in its students.

B HONOR ROLL STUDENTS

Third Grade: Noah Beier, Penelope Derby, Meika Flick, Dean Heald, Mia Lewis, Olivia Manskie, Brysen Moody, Ace Pierson, Emma Barajas-Rojas, Rodrigo Galeno Mendez, Owen Grady, Sinai Lamas Gonzalez, Kolton Maple, Grayson Martinez, Victoria Sanchez, Wyatt Griffin, Jose Guzman, Remi Maldonado, Aubrey Manzo, Paislee Means, Cassidy Sowersby, Colin Townsend, Cole Wood

Eighth Grade: Isabel Anaya, Angel Chavira Vargas, Dylan Clark, Keagan Craig, Mason Darst, Dylan Dodge, Brooklyn Dunlap, Clayton Hiibel, Taitum Papada, Kenlie Pirkle, Mandy Wadsworth, Ryder Warren, Mason White

Ninth Grade: Bailey Beebe, Evelynn Belt, Christian Benham, Ingrid Canto Leon, Amberlyn Casey, Quinn Chandler, Keagan Coday, Liliana de Leon, Kaden Detomasi, Kiley Detomasi, Madalyn Johnson-Turkle, Vincent May, Jemma McCourtney, Benjamin McKnight, Shayana Marie McNamer, Preslee Merritt, Elijah Mitchell, Kylie Moya, Joshua Polish, Nery Rizo Hernandez, Jackson Snow, Austin Steffens, Sadie Whitaker, John Zulz, Autumn Zupancic

Tenth Grade: Jordan Anderson, Anthony Berreman, Kamron Bracken, Michael Casey, Danielle Fenton, Anthony Henderson, Cristian Keener, Gabriel Keener, Reese Laca, Abigail Madera, Caidance McCart, Jose Montalvo, Caitlin Oyler, Kage Oyler, Aidan Rowe, Dallin Sorensen, Braxton Warren, Owen Whitaker, Taylor Zupancic

OASIS WNC DEAN'S LIST STUDENTS

The following student's earned recognition on the Western Nevada College Fall 2024 Dean's List. To qualify for the Dean's List, students must complete at least 12 units during the semester and accumulate a grade point average of 3.50 or higher.

Hailey Arends, Alyssa Ayers, Leah Bake, Trevor Barrenchea, Matthew Bird, Zachary Budner, Aidan Clark, Dahlila Creer, Laynee Diaz, Adelyne Flick, Joshua Gusewelle, Taylor Hyde, Allura Knight-Zumwalt, Olivia Kutansky, Grace Laca, Fenn Mackedon, Natalia Martinez de la Cruz, Ryder McNabb, Jilliana Morales, Paola Moran, An Nguyen, Christina Robinson, AlexZandar Sheldon-Davis, James Thibodaux, Clint Vaughn, Kayden White

SPORTS ROUND UP Fountain Dying and Recognition Ceremony



Tiny Mites Cheerleader Pacific Northwest Regional Champions.



10U Sagebrush Pop Warner Champions.



14U Sagebrush Pop Warner Champions .

Story and photos by Nancy Chapman

The City of Fallon hosted an awards ceremony and dyed the Fallon Fountain Green on February 14, recognizing football 10U and 14U Sagebrush Pop Warner Champions, along with the Greenwave Tiny Mites Cheerleaders for winning the Pacific Northwest Regional Champions. In the City Hall Courtyard, Councilwoman Karla Kent, city officials, coaches, and family recognized the athletes for their hard work and dedication to their sport.



[Basketball continued from page 1]





Fallon in league play this season.

"I just saw that the pieces were coming together throughout the middle of our league season and I think it just clicked at the right time," Wickware said. "We played really well as a team through the last few weeks and I think we're just kind of riding that right now."

While the Greenwave players were riding the momentum, Lowry and Fernley each got buried by it. Lowry led 35-24 at halftime of Friday's semifinal, only to see the Greenwave outscore them 18-8 in the third quarter and 19-12 in the fourth.

"We play that kind of basketball where we're up and down the whole game, and we understand that we're going to have streaks and runs, and we just hope that they always end up in the fourth quarter when we're still in striking distance," Wickware said.

Fallon carried that momentum into

Saturday's championship game against Fernley, picking up right where it left off a week earlier. In the final game of the regular season, Fallon outscored Fernley 19-3 in the fourth quarter to turn a close game into a blowout. This time, it was a blowout nearly from the beginning.

Fallon led 15-7 after a quarter and 33-14 at the half, and the only suspense in the second half was how wide the final margin would be.

The Greenwave pressured Fernley into turnovers on the perimeter and didn't allow Fernley's Taylor Tollestrup to touch the ball much in the paint, where nobody in the league has been able to stop her. Tollestrup came into the game averaging 19 points per game but scored just 8, making only two shots from the floor.

"We've been really focusing defensively for the last couple weeks and I think I's been

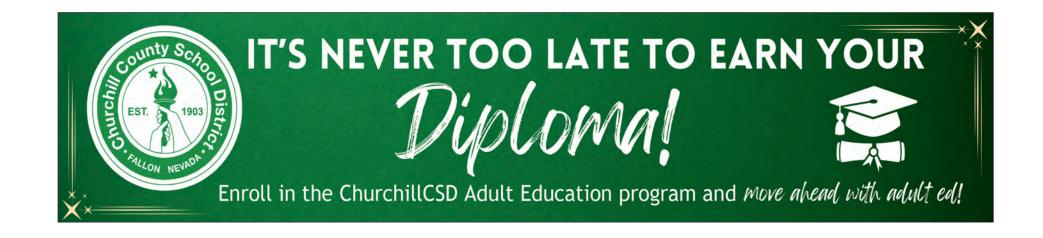
starting to pay off for us," Wickware said. "We stayed with our game plan throughout the whole day and it paid off for us today."

As a reward, the members of the Greenwave squad gathered en masse to accept the regional championship trophy; then, after the boy's regional championship game was over, they got to cut down the net, each player taking a turn to snip off a strand of the nylon.

"It's just a culmination of what our program, our staff and our girls have been doing over the last couple of weeks," Wickware said.

Now the Greenwave turn their attention to facing Mater East, and with a win, a shot at the championship against either Virgin Valley or in a rematch with Fernley.

"We'll definitely study some film before we head down so we'll be ready to go play on Thursday," Wickware said.



COLUMNS

What's Cooking in Kelli's Kitchen

By Kelli Kelly



Various intersecting factors made this weekend the perfect opportunity for a Lazy Sunday Supper-and I have had Pot Roast on my mind. But a quick tour around the butcher section at Safeway had me second-guessing my plan. Have you seen beef prices lately?!?! Rather than spend \$50 on a chuck roast much larger than what Neil and I need, I opted for a (surprisingly) less expensive leg of lamb. Americans don't eat much lamb in comparison to other types of animal proteins (about 0.8 pounds annually compared to 100 pounds of chicken)—a statistic that I am bewildered by. When I worked at The Slanted Porch, Lamb Burger Thursdays were one of our most popular days and we regularly sold out of lamb specials during dinner service. Maybe our collective Churchill County love of lamb makes us a bit of an anomaly-if so, I am here for it.

The leg of lamb is a fairly adaptable cut of meat to prepare in your home kitchen. You can butterfly and roast or smoke a leg of lamb until it reaches 130 degrees, then slice it for a tender and delicious pink-centered cut; it can be braised in a flavorful liquid low and slow until the meat is fork-tender; you can even have your leg of lamb cut into steaks to grill over high heat. Neil and I love the flavor of lamb, even its slight gamey funk-however, if you prefer a less robust lamb flavor, the secret is to remove the interior fat. Fat is flavor and nowhere is this more true than with lamb. A beef burger cooked in lamb fat tastes more like lamb than like beef. While the exterior crisp fat on the leg is fantastic, the intra-muscular fat can turn soft, greasy, and may be excessive. I choose how to prepare a leg of lamb based on my desired cooking method. A boneless leg of lamb produces superior results for grilling, smoking, or slow-roasting. Ask your butcher to bone out and butterfly the leg, then remove the hard intra-muscular fat before seasoning thoroughly and tying it into a sturdy bundle. The lamb

"football" that results will cook evenly on a smoker or in a low-heat oven. A finished core-internal temperature of 130 degrees and a 20-minute rest period after cooking will give you a perfectly medium roast that slices like a dream. For a braised leg of lamb, there is absolutely no need to debone and butterfly the cut. Once the meat is done braising, the bone pulls right out of the fork-tender meat; and the hard areas of intra-muscular fat transform into God's butter.

Kelli's Braised Leg of Lamb Lazy Sunday Dinner By Melissa Clark

Ingredients:

ingreutents:		and the second sec
2 tbsp.	Extra virgin olive oil	10017
1	Bone-in (or partially boneless)	Sec. 14
	leg of lamb	
	Kosher salt & black pepper	ACT AR
	Extra virgin olive oil	NAM FOR
3/4 cup	Frozen pearl onions	PR 1
3	Carrots, scrubbed and cut into	
	2 inch chunks	
5	Small gold or white potatoes,	
	cut in half	
8	Crimini mushrooms, stems	
	trimmed and cut in half	Kelli Kelly, Slinger of I
1 head	Garlic, top cut off	Slurper of Dumplings.
3-5	Rosemary stems	Person of the Bean.
3	Bay leaves	
1 tbsp.	Tomato paste	
-	Fruity white wine or champagne	
-	(it's what I had in the fridge, don'	t judge)
	2 tbsp. 1 3/4 cup 3 5 8 1 head 3-5 3 1 tbsp.	2 tbsp.Extra virgin olive oil1Bone-in (or partially boneless)leg of lambKosher salt & black pepperExtra virgin olive oil3/4 cupFrozen pearl onions3Carrots, scrubbed and cut into2 inch chunks5Small gold or white potatoes, cut in half8Crimini mushrooms, stems trimmed and cut in half1 headGarlic, top cut off3-5Rosemary stems3Bay leaves1 tbsp.Tomato paste1 1/2 cupsFruity white wine or champagne

Beef bone broth (or chicken stock if you don't want to 24 oz. buy the good stuff)

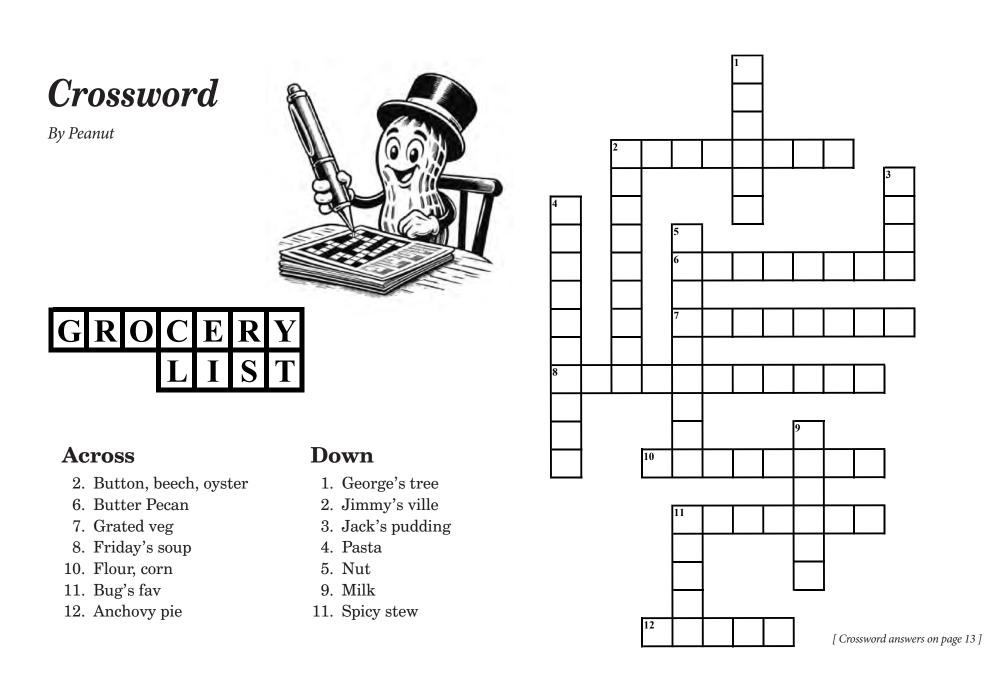
Directions:

- 1. Preheat oven to 475 degrees. Generously season lamb with kosher salt and black pepper and set aside. Let the lamb rest at room temperature for 30-60 minutes. The meat will start to look wet and then dry again-that's how you know it is ready to cook.
- 2. In the meantime, heat 2 tbsp. of olive oil in a large braiser or Dutch oven. Saute pearl onions, carrots, and mushrooms until they are golden brown. Add in tomato paste and cook stirring frequently until slightly darkened. Add in white wine and scrape up any sticky bits on the bottom of the pan. Bring to a simmer and reduce the liquid by half.
- 3. Add in potatoes, the head of garlic, bay leaves, and rosemary stems. Pour in enough bone broth to just cover the vegetables. Place the leg of lamb on top and drizzle with olive oil, then put the dish, uncovered, into the oven and roast for about 30 minutes.



Produce

- 4. Reduce oven temperature to 325 degrees. Pour in the remaining bone broth, cover, and return to the oven to cook low and slow. After 2 hours, rotate the leg, cover, and continue cooking. When you hit the three-hour mark, flip the leg of lamb over one final time.
- 5. The braise is finished when the bone easily pulls out of the leg and the meat shreds easily with a fork. Serve in a bowl as is, or on top of mashed potatoes or polenta.



COLUMNS

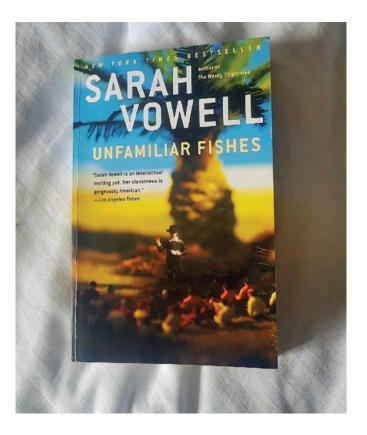
Allison's Book Report "Unfamiliar Fishes" by Sarah Vowell

As a consumer of mostly fiction books, I rarely have the opportunity to review many non-fiction books here in the Book Report. Aside from the occasional memoir or maybe a travel guide, I just don't read very much non-fiction. When I came home from Maui last month, I was having a conversation with my favorite uncle about the history of Hawaii, and he recommended that I grab a copy of this week's book, "Unfamiliar Fishes" by Sarah Vowell. I'm so glad I did, and I think you might enjoy it, too.

In "Unfamiliar Fishes," Sarah Vowell takes readers on a wild ride through Hawaii's history. mixing snarky humor, fascinating facts, and some serious cultural deep-dives. The book focuses on the moment Hawaii went from an independent, sovereign kingdom to being swallowed up by the United States in the late 19th century. Vowell digs into the U.S. missionaries who showed up in Hawaii all wide-eyed and ready to "save" the locals, spreading Christianity and Western ideals like they were the new hot trend.

However, things got a lot more complicated when American businessmen and the U.S. military started making moves in Hawaii. They don't just want to make money-they want to take over. The story shifts from missionary goodwill to corporate greed, culminating in the overthrow of Queen Lili'uokalani in 1893, marking the end of the Hawaiian monarchy. Vowell introduces a whole cast of quirky historical figures, from Hawaii's last queen to the folks behind the annexation of the islands, and gives them a healthy dose of her signature wit.

Along the way, Vowell reflects on the deeper themes of colonialism and cultural erasure, all while making sure the reader is never bored. It's like reading a history book written by your coolest, funniest friend who's totally into weird facts. Through her personal reflections and the hilarious yet insightful way she connects the dots. Vowell turns the story of Hawaii's annexation into something much more than dry historical events-it's a big, complicated tale that still shapes Hawaii today.



By the end, "Unfamiliar Fishes" doesn't just leave you with a history lesson. It leaves you thinking about how the past affects the present while making you laugh and wanting to book a trip to Hawaii. It certainly made me want to go back, for both the endless sunshine and to see it through new eyes after reading this book. I enjoyed Vowell's snarky take on colonialism in Hawaii, as well as on her own experience in Hawaii as a tourist and a researcher.

I hope you read something interesting this week - whether it's fiction or non-fiction - and don't forget to follow me on Instagram @allison.the.reader, where I am always reading and rambling.

Allison Diegel is the Executive Chaos Coordinator at the Diegel Home for Wayward Girls. She has been reading since before she could talk, and now she likes doing lots of both.

FALLON, NV **INVITATION TO BID**

Separate sealed Bids for the construction of the Churchill County CNHD Tenant Improvements will be received by Churchill County, the Owner, at their office located at 155 N. Taylor Street, Suite 110, Fallon, Nevada 89406 until 2:30 p.m., local time, on Thursday, March 6, 2025, at which time the Bids received will be publicly opened and read aloud.

The Work consists of performing or providing all labor, services, and documentation necessary to produce such construction and furnishing, installing, and incorporating all materials and equipment into such construction, all as required by the Contract Documents.

The Work generally includes but is not limited to: Interior demolition of main floor and mezzanine in existing space. Existing basement improvements will be limited to mechanical and electrical replacement only. Existing empty basement space to remain as is. First floor remodel includes space for: main public reception area, public restrooms, pharmacy office, 2 clinic rooms, break room, storage and stairway to mezzanine. The remaining first floor area remains open for future buildout. The existing mezzanine area will have new restrooms, a breakroom, and open office space. A new mezzanine walkway will be built to access the existing exterior patio area. Space will need to include a new fire sprinkler service and an elevator.

The Contract Documents may be examined and obtained after Monday, February 10, 2025, at the following locations:

Sierra Contractors Source, 860 Maestro Drive, Reno NV 89406 Phone: 775-329-7222 www.scsplanroom.com

Bid security shall be submitted with each bid in the amount of five percent (5%) of the bid amount. No bids may be withdrawn for a period of sixty days (60) after the opening of bids. The owner reserves the right to reject any and all bids to waive informalities and irregularities. A mandatory pre-bid conference will be conducted on Tuesday, February 18, 2025, at 2:30 p.m. local time, at 290 S. Maine Street, Fallon, NV. Prospective bidders are required to attend.

CROSSWORD ANSWERS

Crossword found on page 12

ALMOND
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CHILI
CLAMCHOWDER
FETTUCCINE
ICECREAM







NOTICE OF PETITION FOR **CHANGE OF NAME**

Case No.: 25-10DC-0162

In the 10th Judicial District Court, Churchill County, Nevada In the Matter of the Application of SHAUNA M. BACA

NOTICE IS HEREBY GIVEN that a petition was filed in the above-entitled Court requesting that the Court legally change applicant's name from Shauna Marie Baca to Shauna Marie Friberg.

The applicant submitted a statement signed under penalty of perjury that the applicant is not changing his or her name for a fraudulent purpose. NOTICE IS FURTHER GIVEN that any person objecting to the changing of applicant's name shall file written objection with the above-entitled Court within 10 days after the publication of the Notice.

Dated this 14th day of February, 2025. Submitted by: Shauna M. Baca /s/ Shauna Baca

Published in The Fallon Post February 21, 2025 Ad #6292

The Owner will not award the Contract to a Bidder who, at the time of submitting a Bid, was not properly licensed under the provisions of Chapter 624 of NRS or if the Contract would exceed the limit of the Bidder's license. Bidders shall submit proof of qualifications to perform the Work as described in the Instructions to Bidders.

Owner: Churchill County By: Jim Barbee Title: County Manager Date: February 6, 2025

Published in The Fallon Post February 14, 21, and 28, 2025 Ad #6290



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COLUMNS

Postcards Snake Oil

By Michon Mackedon

Reading through editions of the "Fallon Standard" published 100 years ago, I noticed the many ads for pills, tonics, tinctures, elixirs—medicinal panaceas of all kinds, replete with testimonials and outrageous claims about miraculous cures. That kind of advertising proliferated in the late 19th and early 20th centuries, and the local papers provide visual proof that what were called "patent medicines" had found their way to Fallon.





Thus, patent medicines continued to proliferate in the 1920's. Readers of the "Fallon Standard" suffering from a cough might be tempted to buy "HALL'S CATARRH MEDICINE,,, packaged in Toledo, Ohio, and sold by druggists for over 40 years." Need more muscle? Use SCOTT'S EMULSION to "vitalize the deficient diet.... promotes growth; builds strength." Kidneys kicking up? Take JAD SALTS, "a lithia water drink." Feeling joint pain? ROWLES RED PEPPER HEAT "ends rheumatism." Feeling just generally out of sorts? "Save your money. One Box of TUTT'S PILLS saves many dollars in doctor's bills. For diseases of the liver, sick headache, dyspepsia, constipation, biliousness." Bad skin? Try "a little jar of **ROWLES MENTHOS SULPHER.**" The most

ambitious claim was made in an ad for ADLERIKA. "ADLERIKA acts on both upper and lower bowel and removes all gases and poisons. Brings out matter you never thought was in your system." Who could resist?

Hospitals and doctors also advertised their services in the "Standard." In the Spring of 1925, Fallon could claim at least four hospitals. Mrs. Moore's Hospital was located at 40 North Nevada Street; Mrs. Mitchell's Hospital was located at 101 Broadway. Additionally, mentioned in news items were the Fallon Sanitorium and Mrs. Kinney's Hospital, and two hospitals located in San Franisco placed ads in the local paper. Who were the doctors? Dr. C.H. Lehners advertised himself as a "physician & Surgeon"; Dr. H. W. Sawyer, M.D. advertised himself as a "Specialist in Obstetrics and feeding and diseases of Infants." (Dr. Sawyer was the father of Nevada's 21st Governor, Grant Sawyer,) H.R.S. Consol, D.C. advertised his Chiropractic service, claiming that, "I tell your Conditions Without Asking Questions."

Finally, a reader of the "Standard" could find out which neighbor went to which doctor for what illness and landed in which hospital by reading through the items in the meatiest feature of the paper, a column titled "Local Events and News About Your Neighbors." All the nitty-gritty medical details were there, reported, updated, and published weekly.

Please send your thoughts and items to mackedon@phonewave.net

Michon Mackedon is a native of Fallon and a retired professor of English and Humanities

labels of foods, drugs, and cosmetics.

(WNC). She loves her family, her home, her dog, reading, writing, making good food, and sipping a glass of fine white wine. Beyond that, she refuses to be categorized.

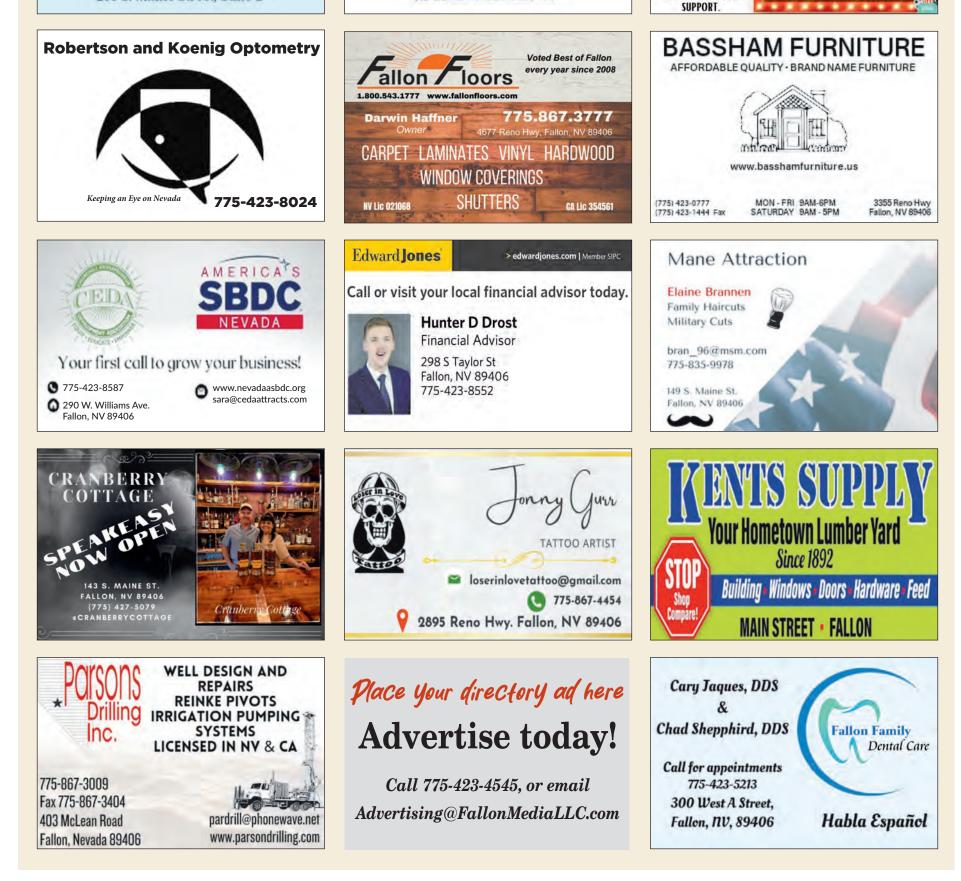
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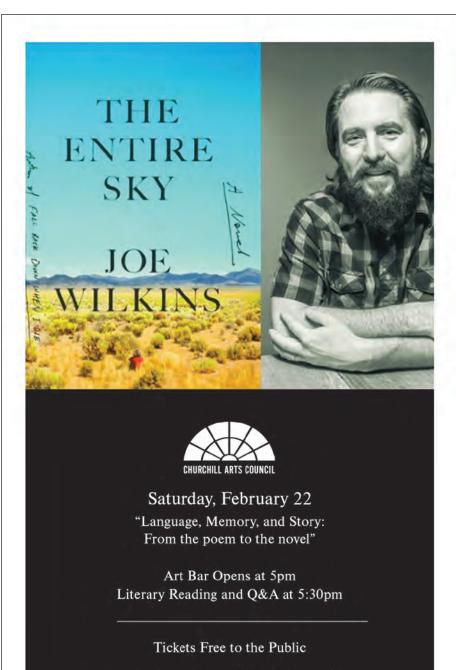
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> > <u>Underlined class times are JUMP classes</u>. *Mat class

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